



Southern New Mexico Music and Dance ~ SNMMD

FRIDAY, APRIL 21st - "SPRING FLING" CONTRA DANCE

Join **Rus Bradburd** and **Dennis Daily** and **Jeff Lindsey** for a rousing evening of old-time music and dance. Newcomers' lessons start at 7:30 pm and dance 8 till 10:30 pm. Details at www.snmmds.org Rus and Dennis are part of the former Deming Fusiliers and have a long history of playing old-time music. Jeff has called in other cities and he learned from a famous caller Bob Dalsemer.

And Wow!! Last month we had 38 dancers. Let's keep the numbers growing – invite a friend.



Welcome Shoutout to NEW DANCERS!

- ~ Matthew and Arielle, NMSU students - Matthew danced the summer in Raleigh NC loves contra.
- ~ Francisco and Angela, friends of Zuber, all from El Paso
- ~ Lamaia and Luisa, mother and daughter – a welcome back to Lamaia who danced some years ago and is now starting a new generation dancing.
- ~ Maria and Lisa, Big Ditch Crickets “groupies”, who came to dance and put up St. Paddy’s Day decorations (many thanks)
- ~ Irene Blevins and friend, both in the Merchant Marines - she came home for a visit and danced, along with her mother Cheryl.

Goodies/Snacks

~ Thanks to Frances for the awesome guacamole, tomatillo sauce and healthy dippers, and to Jo for the home-baked scones with honey, and everyone else who brought something. It was a feast for the eyes and hungry dancers.

Congrats to Carol from Silver City who called 2 dances again – well done!

What you missed last month – the Big Ditch Crickets from Silver City, a fun bunch! Hey, that looks like Tucker in the middle.



Note: I think this insightful bit of advice came from Amy's post – be sure to watch the video:

“Square dance (read “contra dance”) training incorporates exercise, social interaction and learning that keeps the brain’s wiring in good shape. Read the linked article and watch the Denver contra video for inspiration, and then pat yourself on the back that your brain is much happier that you are dancing!” <http://www.denverpost.com/2017/03/29/square-dancing-aging-health-csu/>

Let's Dance !!!

Strap on your boots,

Resin up the bow,

Find a partner,

‘Cause here we go from David W. Mogk, Montana State University

That's all, Folks.

Julie and Lonnie